

Ladies College 22 May 2015

The Decider Life Skills One Day Workshop PILOT PROJECT

17 teachers attended. 16 female 1 male.

There was a wide range of age, experience and knowledge (both life and teaching) The teachers taught a range of subjects.

A 14 item questionnaire was given at the start of the workshop and repeated at the end of the workshop.

Pre Questionnaire results	Post Questionnaire results
Mean = 28 Median= 28 Mode=28 Range=(16-36) = 20 Total score: (Possible 0 - 56 x17 = 952) = 471	Mean = 42 Median= 42 Mode= 43 Range= (34 - 51) = 17 Total score: (Possible 0 - 56 x17 = 952) = 709

The difference in scores at the beginning and end of the day indicate that new learning took place and that teachers felt more confident in their ability to *memorably* and *clearly* teach students The Decider Life Skills.

Comments:

"An excellent course, I feel very well equipped to deal with students emotions and how to handle life's stresses"

"Really useful, thanks!"

"I've learnt so much in one day! It's been great"

Reflection from Michelle and Carol

The day was interesting and the teachers were engaged and enthusiastic. Generally, they grasped the concepts well and there was lively discussion in the group work. Their concern seemed to be more about finding the time to teach the skills to their year groups and there was discussion about fitting this into the timetable.

We also discussed how each teacher could reinforce the skills in each subject lesson of teaching and keeping the skills 'live ' for students. There were some very creative ideas.

One teacher felt that a power point presentation of each visual and a small vignette of each skill could enable the teaching, providing consistency. Michelle and Carol are developing this and will make it available to the school on completion.

This could be shown each term (possibly following each fire drill!) as a refresher/reminder of The Decider Life Skills. Encouraging students to take their handbooks home to discuss them with their parents was felt to be important as was enabling the 'big sisters' to use the skills with younger students.